Sugar Rush Scrapbooking Workshop

This quick and easy scrapbooking workshop creates 8 double page layouts and 1 single page layout featuring the fun and fabulous Sugar Rush Paper Packet and Sugar Rush Complements from the 2017 Seasonal Expressions 1 Idea Book.

You will need:
Sugar Rush Paper Packet
Sugar Rush Complements
Sugar Rush Dots
17 sheets White Daisy Cardstock
5 sheets Whisper Cardstock
4 sheets Pomegranate Cardstock
1 sheet of Raspberry Cardstock
1 sheet of Sea Glass Cardstock
Tape Runner (for adhering paper, cardstock, zip strips and PML pocket cards)
Mini Glue Dots (for adhering Sugar Rush Complements)
Micro Glue Dots (for adhering smaller Sugar Rush Complements)
SureCut Deluxe Craft Paper Trimmer
Non-stick Micro-tip Scissors

Before you begin:
Cut off all zip strips and cut apart all PML pocket cards and set aside.

Photos:
The following photos (46 in total) are suggested for these layouts. N.B. photo orientation is indicated as Portrait (P) or Landscape (L):

<table>
<thead>
<tr>
<th>Layout</th>
<th>Photos</th>
</tr>
</thead>
<tbody>
<tr>
<td>Layout 1</td>
<td>4- 3 3/4&quot; x 5 3/4&quot; (L) 1- 3 3/4&quot; x 5 3/4&quot; (P)</td>
</tr>
<tr>
<td>Layout 2</td>
<td>4- 3 3/4&quot; x 5 3/4&quot; (P)</td>
</tr>
<tr>
<td>Layout 3</td>
<td>4- 3 3/4&quot; x 5 3/4&quot; (L) 2- 3 3/4&quot; x 5 3/4&quot; (P)</td>
</tr>
<tr>
<td>Layout 4</td>
<td>1- 4&quot; x 4&quot; 2- 3 3/4&quot; x 5 3/4&quot; (L) 1- 5&quot; x 7&quot; (P)</td>
</tr>
<tr>
<td>Layout 5</td>
<td>1- 6&quot; x 6&quot; 3- 4&quot; x 4&quot; 2- 4&quot; x 6&quot; (P) 1- 4&quot; x 6&quot; (L)</td>
</tr>
<tr>
<td>Layout 6</td>
<td>1- 3 3/4&quot; x 5 3/4&quot; (P) 2- 5&quot; x 7&quot; (P)</td>
</tr>
<tr>
<td>Layout 7</td>
<td>2- 4&quot; x 4&quot; 4- 4&quot; x 6&quot; (P)</td>
</tr>
<tr>
<td>Layout 8</td>
<td>3- 3 3/4&quot; x 3 3/4&quot; 2- 3 3/4&quot; x 5 3/4&quot; (P) 1- 5&quot; x 7&quot;</td>
</tr>
<tr>
<td>Layout 9</td>
<td>5- 2 3/4&quot; x 2 3/4&quot;</td>
</tr>
</tbody>
</table>

Please note: To create a 3 3/4” x 5 3/4” photo, simply trim 1/4” off the length and the width of a

N.B. Throughout this scrapbooking workshop, white photo holders have been used to indicate the places where photos will be on the layouts. Please note that these photo holders have NOT been included in the Cutting Guide as it is assumed that you will be adding photos to the layouts as you create them.

If you do wish to create these photo holders, please note that they are cut them from White Daisy Cardstock and correspond with the photo sizes for each layout (as indicated above).
**Cutting Guide**

**Large Dot Pattern (front)/ Words Pattern (back*)**

<table>
<thead>
<tr>
<th>4L*</th>
<th>2 x 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>4R*</td>
<td>2 x 12</td>
</tr>
<tr>
<td>1R</td>
<td>4 x 12</td>
</tr>
<tr>
<td>1L</td>
<td>4 x 12</td>
</tr>
<tr>
<td>5L</td>
<td>1 x 4</td>
</tr>
<tr>
<td>5R</td>
<td>1 x 8</td>
</tr>
</tbody>
</table>

**Front of paper**

**Back of paper***

**Crosshatch Pattern (front)/ Ombre Pattern (back*)**

<table>
<thead>
<tr>
<th>6L</th>
<th>1 1/2 x 9</th>
</tr>
</thead>
<tbody>
<tr>
<td>6R</td>
<td>2 1/2 x 9</td>
</tr>
<tr>
<td>9</td>
<td>3 x 3</td>
</tr>
<tr>
<td>1L</td>
<td>5 x 8</td>
</tr>
<tr>
<td>1R</td>
<td>7 x 8</td>
</tr>
<tr>
<td>5L</td>
<td>8 x 12</td>
</tr>
<tr>
<td>5R</td>
<td>4 x 12</td>
</tr>
</tbody>
</table>

**Front of paper**

**Back of paper***
Sprinkles Pattern (front)/ Plus Pattern (back*)

Front of paper

Back of paper*

Whisper Cardstock

2L
7 x 12

3L
5 x 12

2R
7 x 12

3R
5 x 12

Trim off 1 1/8" and keep

Whisper Cardstock

2L
4 x 6

2L/R
4 x 6

2R
4 x 6

4L
4 x 6

4R
4 x 6

8R
5 1/4 x 7 1/4
Whisper Cardstock

7L
8 1/2 x 10 1/2

3 x 3

8L
8 x 10

8R
4 x 10

2L Cut 2- 1/4 x 12
2R Cut 2- 1/4 x 12

Raspberry Cardstock

3L
4 x 6

3L
4 x 6

3R
4 x 6

3R
4 x 6
Assembly Instructions

Layout 1:

1. Use 2 sheets of White Daisy Cardstock as the bases for these pages.
2. Trim both pink dots zip strips to 8 inches in length.
3. Cut the “it’s a Sweet Life” pocket card (landscape orientation) to 2 3/4” x 3 3/4” and adhere to the top half of a Pomegranate photo mat.
4. Cut the pink crosshatch PML pocket card to 2 7/8” x 3 3/4” and adhere below the other PML pocket card on the Pomegranate photo mat as shown.
5. Adhere the Sugar Rush B&T Paper (Large Dot Pattern) flush with the bottom of each page.
6. Adhere the Sugar Rush B&T Paper (Crosshatch Pattern) 1 1/4” from the top of the page and flush with the inside edges of the White Daisy Cardstock.
7. Moving outwards, attach the pink dots zip strip and then Sugar Rush B&T Paper (Donut Pattern) keeping top and bottom edges straight as pictured.
8. Adhere the Pomegranate Cardstock photo mats 1/2” from the top of the B&T Paper and 1/4” from the inner edges.
9. Leave 1/4” between each photo mat and arrange as pictured.
10. Decorate with Sugar Rush Complements and Sugar Rush Dots as shown.

Layout 2:

1. Use 2 sheets of White Daisy Cardstock as the bases for these pages.
2. Adhere the Whisper Cardstock strips 1” from the top.
3. Adhere the Sugar Rush B&T Paper (Plus Pattern) directly under the Whisper Cardstock strips.
4. Adhere the other Whisper Cardstock strips directly below the B&T Paper.
5. Adhere the Whisper Cardstock photo mat that has been cut into 2 pieces first- adhere the 1 1/8” piece on the left page 1/2” from the top of the B&T Paper and flush with the inner edge then adhere the remaining piece on the right page 1/2” from the top of the B&T paper and flush with the inner edge.
6. Adhere the remaining Whisper photo mats, leaving 1/4” between each photo mat.
7. Embellish with the PML pocket journaling card (cut to 3 3/4” x 5 3/4”), Sugar Rush Complements and Sugar Rush Dots as pictured.
**Layout 3:**

1. Use 2 sheets of White Daisy Cardstock for the bases of these pages.
2. Adhere the Sugar Rush B&T Paper (Sprinkles Pattern) to the very left and right sides of the White Daisy Cardstock sheets keeping them flush with the outer edges.
3. Adhere the pink triangle zip strips to the inside edges of the B&T Paper.
4. Adhere the Raspberry photo mats 1 inch from the top of the White Daisy Cardstock and 1/4” from the inside edges.
5. Leave 1/4” between all photo mats.
6. Embellish with Sugar Rush Complements and Sugar Rush Dots as pictured.

**Layout 4:**

1. Use 2 sheets of White Daisy Cardstock for the bases of these pages.
2. Adhere the Sugar Rush B&T Paper (Words Pattern) to the top of the White Daisy Cardstock.
3. Adhere the Sugar Rush B&T Paper 1/2” strips (Diamond Pattern) directly below the Sugar Rush B&T Paper (Words pattern).
4. Adhere the Sugar Rush B&T Paper (Triangle pattern) directly below the Sugar Rush B&T Paper strips (Diamond pattern).
5. Adhere the Sugar Rush B&T Paper 1/2” strips (Diamond pattern) directly below the Sugar Rush B&T Paper (Triangle pattern).
6. Adhere the Whisper photo mats 1/2” from the top of the Sugar Rush B&T Paper (Triangle Pattern) and 1/4” from the inner edges, leaving 1/4” between each photo mat.
7. Embellish with Sugar Rush Complements and Sugar Rush Dots as pictured.
Layout 5:

1. Use 2 sheets of White Daisy Cardstock for the bases of these pages.
2. Adhere the Sugar Rush B&T Paper (Crosshatch Pattern) to the outside of the White Daisy Cardstock keeping flush with the edges.
3. Adhere the Sugar Rush B&T Paper (Large Dot Pattern) directly beside the Sugar Rush B&T Paper (Crosshatch Pattern) and flush with the top edges and bottom edges as pictured.
4. Adhere the Pomegranate Cardstock photo mats 3/4” from the top of the pages, keeping flush with the inside edges.
5. Embellish with PML pocket journaling cards, Sugar Rush Complements and Sugar Rush Dots as pictured.

Layout 6:

1. Use 2 sheets of White Daisy Cardstock for the bases of these pages.
2. Cut both of the diagonal stripes zip strips to 9” each.
3. Adhere both pieces of the Sugar Rush B&T Paper (Donuts Pattern) 1 1/2” from the top of the Cardstock and flush with the inner edges of the Cardstock.
4. Moving outwards, adhere the zip strips and Sugar Rush B&T Paper (Crosshatch Pattern).
5. Centre and adhere the large Sea Glass photo mats 7/8” from the top of the Sugar Rush B&T Paper (Donuts Pattern) and 3/8” from the inner edges.
6. Adhere the 4” x 6” Sea Glass photo mats on an angle as pictured.
7. Embellish with the PML pocket journaling card (cut to 3 3/4” x 5 3/4”), Sugar Rush Complements and Sugar Rush Dots as pictured.
Layout 7:

1. Use 2 sheets of White Daisy Cardstock for the bases of these pages.
2. Adhere the Sugar Rush B&T Paper (Diamond Pattern) to the outside of the White Daisy cardstock, keeping flush with the edges.
3. Working towards the centre of the pages, adhere the colourful words zip strip directly beside the Sugar Rush B&T Paper (Diamond Pattern) and the Sugar Rush B&T Paper (Triangle Pattern) directly beside the zip strips.
4. Adhere the Whisper Cardstock photo mats 3/4” from the top of the page, keeping flush with the inside edges of the White Daisy Cardstock.
5. Adhere the Sugar Rush B&T Paper (Donut Pattern) squares to the photo mats as pictured.
6. Embellish with Sugar Rush Dots as pictured.

Layout 8:

1. Use 2 sheets of White Daisy Cardstock for the bases of these pages.
2. Adhere the 1/4” Pomegranate Cardstock strips 3/4” from the top of the pages.
3. Adhere the Sugar Rush B&T Paper (Large Dot Pattern) on the left side of the left page, keeping the edges flush.
4. Adhere the Sugar Rush B&T Paper (Words Pattern) on the right side of the right page, keeping the edges flush.
5. Adhere the Whisper Cardstock photo mats directly beside the Sugar Rush B&T Paper pieces.
6. Adhere the remaining 1/4” Pomegranate Cardstock strips directly under the B&T Paper and Cardstock as pictured.
7. Adhere the Whisper Cardstock photo mat in the centre of the Sugar Rush B&T Paper (Words Pattern) 1 3/8” from all sides of the B&T Paper.
8. Embellish with PML pocket card (cut down to 5 3/4” x 3 3/4”), Sugar Rush Complements and Sugar Rush Dots as pictured.
1. Use 1 sheet of Pomegranate Cardstock as the base for this layout.
2. Cut a sheet of White Daisy Cardstock to 11 1/2” x 11 1/2”.
3. Adhere the White Daisy Cardstock to the centre of the sheet of Pomegranate Cardstock leaving a 1/4” border around the outside.
4. Trim 6 of the PML pocket cards to 3” x 3” (the ones pictured include: 2 Tangerine swirls and loops, 1 x pink crosshatch, 1 x pink ombre, 1 x ice-cream cone, 1 x “it’s a Sweet Life” (portrait orientation).
5. Adhere the 9 squares 3/4” from the edges of the White Daisy Cardstock and leave 1/2 inch between each one.
6. Embellish with Sugar Rush Complements and Sugar Rush Dots as pictured.